

TOPICS IN MODERN HOMEOPATHY

HOMEOPATHIC MEDICINE FOR THE 21ST CENTURY

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THREE NEW INFANT'S AND CHILDREN'S PRODUCTS

RECALLED: Children's & Infant's Tylenol oral suspension products; Infant's Dimetapp; Children's Alka-Seltzer Plus; Little Colds Decongestant; Pediacare Infant drops; Phenylpropanolamine-containing products . . . the list goes on. Is it any wonder that parents are becoming skeptical of the 'FDA' approved drugs for children?

For more than 200 years, homeopathic remedies have proven themselves safe, effective and mild. Mediral now offers three professional children's remedies which address the most common conditions of childhood: bedwetting, colic and teething.

These are conditions that almost every child experiences at some time or another, but Western medicine doesn't deal very effectively with. Children and infants respond especially well to homeopathic treatment. They have an enhanced natural capacity for healing because of their greater vitality (i.e. less pollutants, toxins and psychological baggage accumulated).

The unique needs of children were foremost in the minds of the formulators when they created these remedies. The Mediral children's remedies are all combination formulas designed specifically to address the physical, mental and emotional components of these conditions. They contain the gentler, safer, lower potency combinations because children rarely require higher potencies.

These remedies are glycerin-based* so they have a sweet, pleasant taste. They are free from fillers and harmful chemicals and, like all homeopathic remedies, are free from unpleasant side effects. These remedies may be used safely with other therapies, as there are no contraindications or known interactions.

Dosage will vary slightly, depending on the situation. More acute conditions may be dosed every 15-30 minutes until symptoms abate. Seasonal or chronic conditions may respond better when given one to three doses per day. The Colic Med and the Teething Med are not intended to be prophylactic, but the Bedwetting Med may be used prior to an expected incident. Have some on hand for the holidays.

**Glycerin-based does not mean alcohol-free. Any OTC drug labeled for use by children under 6 years of age may not exceed 0.5% alcohol. Homeopathic remedies are exempt from this requirement, but by way of voluntary compliance, Mediral Children's Remedies contain 0.3% alcohol.*

The statements in this newsletter have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent disease. Seek professional help if a condition worsens or lasts more than 7 days.

"The neglected factor in today's medical care is the innate healing potential of the human body. Homeopathic medicines stimulate this potential in a safe, effective and inexpensive way."

- William Shevin MD
President, National
Center for Homeopathy

MEDIRAL FORMULAS

BEDWETTING MED: 1 fl. oz., Materia Medica/Repertory Indications: Nighttime Enuresis.

INGREDIENTS: Plantago major 3x. Rhus aromatica 3x. Agrimonia eupatoria 3x, 6x. Equisetum arvense 3x, 6x, 12x. Uva-ursi 6x, 12x. Kreosotum 6x, 12x. Kali Phosphoricum 6x, 12x, 30x. Causticum 12x, 30x. Uranium Nitricum 12x, 30x. Cina 30x in a base of purified water, glycerin, alcohol (approx. 0.3%) and citric acid.

COLIC MED: 1 fl. oz., Materia Medica/Repertory Indications: Abdominal Pain, Crying, Irritability.

INGREDIENTS: Chamomilla 3x. Mentha piperita 3x, 6x. Rheum 3x, 6x. Foeniculum vulgare 3x, 6x, 12x. Origanum majorana 4x, 8x. Magnesia Phosphorica 6x, 12x, 30x. Cina 6x, 12x, 30x in a base of purified water, glycerin, alcohol (approx. 0.3%) and citric acid.

TEETHING MED: 1 fl. oz., Materia Medica/Repertory Indications: Teething Pain and Irritability.

INGREDIENTS: Chamomilla 3x. Plantago major 3x. Salix alba 3x, 6x. Rheum 3x, 6x. Calcarea Phosphorica 3x, 6x. Podophyllum peltatum 6x. Dolichos pruriens 6x. Scutellaria lateriflora 6x, 12x. Magnesia Phosphorica 6x, 12x, 30x. Coffea cruda 12x, 30x. Kreosotum 12x, 30x in a base of purified water, glycerin, alcohol (approx. 0.3%) and citric acid.

SINGULAR REMEDIES FOR CHILDHOOD MALADIES*

Occasionally a combination remedy will not do the job. For those times, consider Mediral's classical singular remedies. The Mediral classical singular remedies contain about 16% ethanol. The alcohol may be removed by placing the dose in a tablespoon of warm water (not hot – temperatures exceeding 140°F will damage the remedy). *Caution:* This process does not remove all alcohol.

BEDWETTING

Equisetum 30x indicated for frequent, voluminous bed-wetting, dreams or nightmares when urinating.

Rhus Tox 30x for bed wetting associated with restless sleep.

Belladonna 30x for restless children who talks in sleep and dreams about urinating.

Kreosotum 30x when the child dreams of urinating, worse when cold, better when warm.

CHICKEN POX

Rhus Toxicodendron 30x Indicated for the intense itching when the child is restless both physically and mentally. The child is usually worse when cool or during sleep or rest and improved by motion and warm applications.

Antimonium Crudum 30x when the child is fretful and irritable worse after a bath or from heat and better when resting or in open air.

Sulfur 30x intense itching. thirsty; worse when bathed, warm and put to bed.

DIARRHEA

Colocynthus 30x for explosive diarrhea preceded by cramp-like pains.

Aloe Socratans 30x for foul smelling stools

Arsenicum Album 30x for child exhausted after a movement .

Chamomilla 30x, for soft stools associated with teething.

Nux Vomica 30x for diarrhea resulting from over-feeding or when baby strains but can only pass a small amount of stool.

EARACHE

Pulsatilla 30x for middle-of-the-night earaches.

TEETHING

Chamomilla 30x for painful teething with or without fever. The teething is frequently associated with colic. You always know to use Chamomilla when the child has one hot cheek, the other pale and cold.

Coffea Cruda 30x for the restlessness observed in the teething child.

Calcarea Phosphorica 30x for delayed or difficult teething, as well as the colic frequently associated with teething.

COLIC

Dioscorea 30x for the treatment of cramps or colic in the abdomen which seem relieved by straightening up or leaning back.

Chamomilla 30x for the child with a poor tolerance for pain, restless and squeamish. The Chamomilla child usually has one hot cheek, the other pale and cool. The child seems improved when carried or pushed in the stroller

Colocynthus 30x to relieve violent cramp-like pains which are relieved by heat and pressure. It is also helpful to relieve the irritability associated with pain.

Magnesia Phosphorica 30x to relieve colic characterized by being spasmodic or intermittent. The colic is relieved by gentle pressure, warmth and burping. The symptoms are usually worse on the right side and there is usually a general muscular weakness.

Aconite 30x when the fever comes on suddenly. The child's skin is hot and dry and like Chamomilla one cheek can be hot, then other pale, The child is usually worse in a warm room and better in open air.

Ferrum Phosphoricum 30x in early stages of all inflammatory problems. The fever usually has a gradual onset with a pale complexion with red cheeks. The child is usually worse when lying on the right side and at night and when moved. The child feels better when cold.

IRRITABILITY

Passiflora 30x is useful in relaxing children.

Avena Sativa 30x is used for the restless or sleepless child.

Calcarea Phosphorica 30x is indicated for fretful, peevish children. Children are often restless for 2 or 3 hours after midnight and awakening from sleep as if frightened.

Kali Phosphoricum 30x when the child cannot rest because of over-stimulation.

* http://www.herbalremediesinfo.com/homeopathy_for_kids.html